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I have over 17 years of experience in accounting and finance. However, recently I reconnected with my values which brought my purpose to light, confirming the decision to become a clinical psychologist to serve others.

## Education

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### **Canada / Bachelor of Arts - Psychology**

TRINITY WESTERN UNIVERSITY - BC (2022 - in progress)

### **Certificate Specialization in the Practice of Psychotherapy**

KELOWNA COLLEGE OF PROFESSIONAL COUNSELLING | BC Canada | 2022

### **Diploma of Applied Psychology and Counselling (specializing in Professional Counselling)**

KELOWNA COLLEGE OF PROFESSIONAL COUNSELLING | BC Canada | 2021

### **Bachelor of Business Administration Major Accounting**

VANCOUVER ISLAND UNIVERSITY | BC Canada | 2018

### **Diploma of Business Administration**

VANCOUVER ISLAND UNIVERSITY | BC Canada | 2017

### **Advance Diploma in Accounting**

KINGSTON INTERNATIONAL COLLEGE | Perth, WA, Australia | 2007

### **Certificate in Financial Services and Accounting**

KINGSTON INTERNATIONAL COLLEGE | Perth, WA, Australia | 2006

### **Professional Association**

(CTAA) Complementary Therapists Accredited Association

(CCPCP) Canadian College of Professional Counsellors and Psychotherapists

Several certificates in counseling approaches, accounting, and business-related science.

Details: <https://copaemerson.wixsite.com/accounts-and-finance>

Bilingual Portuguese/English, and intermediate in Spanish

## Achievements

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- Canada - Founded Breakthrough Wellness Foundation to assist vulnerable individuals. This initiative has aided 9 people coping with grief, alcohol addiction, procrastination, job loss, and PTSD. <https://www.breakthroughwellnessfoundation.org/>
  - Canada - Developed a psychoeducational group meeting to provide psychological strength to gay, and bisexual man to not to fall into depression or anxiety.
  - Canada/USA - Volunteered to serve the 10 days retreat for several times at Vipassana Meditation Centre in Portland, USA and in Merritt, Canada

# Emerson Santos

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- Canada - Implemented 10 min break to the practice of self awareness meditation that reduced First Nations Health Authority's employees' stress at work environment
- Canada - Initiated 21 days mindfulness meditation to help friends and acquaintances deal with uncertainty caused by Coronavirus pandemic while transcending limited beliefs
- Canada - Supported Vancouver Pride Society produce events that reflect the pride the LGBTQAI2S+ community
- Canada - Volunteer: Red Cross - Provided health equipment to individuals dealing with illness or injury
- Brazil - Volunteer: Sociedade Viva Cazuza - HIV Awareness - Helped organize lectures to educate the public about the risks and prevention of HIV
- Brazil - (INCA) National Cancer Institute. Registered to give blood and save lives up to 4 donations per year for 5 years
- England - Supported PETA protestors to inform citizens about animals who are abused by corporations, governments, and individuals throughout the world
- Australia - Provided individual income tax services to overseas low-income students/workers in Australia

## Professional Experience

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### Volunteer Positions

#### Vancouver Coastal Health

##### SMART - (Self-Management and Recovery Training)

Vancouver - 2022 - In progress

*SMART Recovery is a fresh approach to addiction recovery. It is a transformative method of moving from addictive substances and negative behaviours to a life of positive self-regard and willingness to change.*

##### GROUP FACILITATOR

Support meetings offered online and in-person facilitate participants to design and implement their own recovery plan to create a more balanced, purposeful, fulfilling, and meaningful life.

#### Health Initiative for Men (HIM)

Vancouver -2021- 2022

*HIM offers a range of services for gay, bi, trans men and OMSM men 18 and over. Services include STI testing, HPV vaccinations, Coaching, Professional Counselling and sexual health education.*

##### GROUP FACILITATOR

Assisted the nurses' organizing appointments, intake patients and performed many other reception tasks. Developed a psychoeducational group to cope with anxiety and depression. The technique used in this work were a blend of Vipassana meditation and Existentialism ideas.

Details: <https://checkhimout.ca/meditation/>